



# SPA et Bien-Être

HOTEL U RICORDU\*\*\*\*

## - Massages -

### **HEAVY LEGS**

**30 MIN / €40**

Increases blood circulation and lymphatic drainage

### **SIGNATURE MASSAGE**

**30 MIN / €40**

Customize according to your needs

### **SIGNATURE MASSAGE**

**1H / €70**

Customize according to your needs

### **CALIFORNIAN MASSAGE**

**1H / €75**

Relieves physical and mental tension, as well as muscle contractions

### **BALINESE MASSAGE**

**1H / €75**

Revitalizes the body, alleviates back pain and promotes blood circulation

### **SWEDISH MASSAGE**

**1H / €80**

Deep muscle relaxation, mental relaxation and eliminates toxins

### **THAI MASSAGE**

**1H / €75**

Rebalancing, energizing, releases cervical tension and stimulates the circulation of fluids